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Tuesday

AUGUST 21, 2012 | A PUBLICATION OF The Washington Post | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**

REVERSING COURSE

Condoleezza Rice is one of two women accepted to Augusta 14

SCARE IN SILVER SPRING

Several are injured when a Ride On bus rams a home in Md. 10

AP

QUEEN OF COMEDY

Phyllis Diller, often the butt of her own jokes, dies at age 95 24

am 84 | 67 pm

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DAMAGE CONTROL

Republicans hurry to contain the fallout from Rep. Todd Akin's remarks about 'legitimate rape' 13

AP PHOTO/EXPRESS ILLUSTRATION

eo

eye openers

BREAK-INS

It Got Really Weird When He Hemmed All the Curtains

Authorities say a man broke into a home in Salisbury, Md., stripped down to his underwear and put a chicken pot pie in the oven. Police say around 10:25 p.m. Wednesday, a homeowner heard Russell E. Neff, 22, banging on his door. The homeowner called 911 and hid upstairs. Neff was found sitting in the living room watching TV. He has been charged with burglary. (AP)

LOGIC

Correlation Does Not Imply Causation. Except for This.

West Virginia University is back on top for the first time in five years, bumping off Ohio University to reclaim its title as the nation's No. 1 party school. WVU hasn't held the top spot since 2007, according to rankings announced Monday by the Princeton Review. WVU also ranks No. 1 in the "Lots of Beer" category. (AP)

AWKWARD SCENARIOS

'Sorry Susan, I'd Rather Pay $4 Than Have to Look at You'

A Los Angeles restaurant is offering a 5 percent discount to customers who agree to look at their fellow diners instead of their phone screens. Servers make the offer to diners when they introduce themselves. Eva Restaurant owner Mark Gold said last week that the policy is an attempt to allow diners to connect to each other instead of to technology. (AP)

The Big Picture

AP

NOT A BOWL OF FROOT LOOPS: Swimmers wait for the gush of a man-made tide in a salty swimming pool dubbed China's Dead Sea on Sunday in Daying County in southwest China's Sichuan province.

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Obama Defends Campaign Tone

President criticizes Romney for making 'patently false' claims

Washington

Denounced by his Republican rival for divisiveness, President Barack Obama on Monday defended the tone of his campaign in a combative election year and insisted it's actually Mitt Romney's ads that are "patently false."

In a surprise visit to the White House briefing room, Obama at least partly upstaged a joint campaign appearance by Romney and his running mate, Paul Ryan, in New Hampshire. The rally by Romney and Ryan, their first appearance together after a week of vigorous campaigning separately, had been highly anticipated, drawing an enthusiastic crowd and wide media attention.

As for the tone of the campaign, Obama declared that it was important to draw attention to major differences with Romney, but he said his criticism has never been "out of bounds."

EVAN VUCCI/AP

Paul Ryan, right, applauds Monday as Mitt Romney speaks in Manchester, N.H. The joint appearance was their first together after campaigning separately last week.

Romney and Ryan sustained their criticism Monday, leveling new claims of duplicity in Obama's TV ads before about 3,000 friendly people in Manchester.

"It seems that the first victim of an Obama campaign is the truth," Romney said.

In New Hampshire, Romney and Ryan also made a multi-pronged case against the administration, saying Obama's policies on taxes, Medicare and foreign policy have let down the American people.

The GOP running mates promised a sunnier future of lower taxes, lower deficits, more jobs at home and greater U.S. prestige abroad. But they offered few details on how they would achieve these goals, which have vexed Congresses and White Houses for years.

Romney's pledge to not raise anyone's taxes while also reducing federal deficits is one of several promises he has made that many independent analysts have questioned.

The burden on U.S. taxpayers, as a proportion of the overall economy, is lower than it has been in several decades, but the nation's debt is at a record high.

JIM KUHNHENN AND PHILIP ELLIOTT (AP)

Meanwhile ...

President Barack Obama tried to distance himself Monday from an advertisement run by the pro-Obama Priorities USA Action super political action committee that suggested there was a link between the death of a laid-off steelworker's wife and the private equity firm Bain Capital, which Mitt Romney co-founded. "I don't think that Governor Romney was somehow responsible for the death of the woman that was portrayed in that ad," he said, noting he did not approve or produce the ad. Furthermore, Obama said the ad "ran only once I think." **(AP)**

In Brief

ORLANDO, FLA.

Officials: Probation End For Anthony Kept Secret

Anthony

Casey Anthony's probation for check fraud ends this week, but her release from state supervision is being kept secret because of safety concerns, Florida Department of Corrections officials said Monday. Anthony was acquitted last year of murdering her 2-year-old daughter, Caylee. Her lawyers say she has received death threats. (AP)

NEW YORK

Bacon at Ramadan Event Probed as Bias Crime

Muslims celebrating the end of Ramadan on Sunday at a New York City park found uncooked bacon scattered around, organizers say. Police are investigating it as a possible bias crime. Muslims are prohibited from eating pork products. (AP)

WASHINGTON

Assange's Assertions A Distraction, U.S. Says

The Obama administration Monday accused WikiLeaks' Julian Assange of trying to deflect attention from sex allegations he faces in Sweden after claiming to be the victim of a U.S. "witch hunt." An official said the case has nothing to do with WikiLeaks' publication of U.S. documents. (AP)

Stingy Givers: A study on the generosity of Americans suggests states with the least religious residents are also the stingiest about giving money to charity. The study released Monday by the Chronicle of Philanthropy found that residents in states where religious participation is higher than the rest of the nation, particularly in the South, gave the greatest percentage to charity. The most generous state was Utah. The Northeast was the least generous. (AP)

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Nation

Robot To Drill Into Mars

In 2016, NASA craft will study planet's interior for first time

Washington

In the wake of successfully dropping the SUV-sized Curiosity rover on Mars this month, NASA will send another robot to the Red Planet in 2016 to drill into the planet's crust and, for the first time, piece together a picture of the Martian interior.

The $425 million robotic lander, named InSIGHT, will be built and operated by the Jet Propulsion Laboratory at the California Institute of Technology, the high-flying hotbed of now-famous engineers and scientists who designed and assembled the $2.5 billion Curiosity rover and its heart-stopping "sky crane," which lowered the Curiosity rover to the Martian surface.

On Monday morning, NASA officials informed JPL staff that InSIGHT had won funding over two other proposed missions.

"This is another big day for us out at JPL," said Gregg Vane, the lab's head of planning for solar system exploration.

Whereas Curiosity can roam the surface on six-wheels, InSIGHT will be planted in one spot after dropping onto the Martian surface — minus the sky crane — in September 2016.

A German-built drill nicknamed "the mole" will pound 30 feet into the Martian crust to take the temperature of the planet, while a sensitive French-built seismometer will detect any Marsquakes. Together, the instruments will provide vital clues to how Mars formed.

"We'll be able to deduce the deep structure of Mars, which now is a total mystery," Vane said. "That means all the way down to the core."

To date, scientists have determined the deep structure of only one planet — Earth. BRIAN VASTAG (THE WASHINGTON POST)

Meanwhile ...

The Mars rover Curiosity has begun shooting its laser "ChemCam" on Mars, blasting a rock Sunday in a successful test of the instrument, which can determine the composition of surface minerals by examining flashes of vaporized gas. Elsewhere, spacewalking astronauts Gennady Padalka and Yuri Malenchenko improved the safety of the International Space Station on Monday by installing shields on the Russian side to protect against zooming pieces of junk. The spacewalk was the first at the space station in six months. (AP)

Record-Seeker Still Swimming After Storm

FLORIDA KEYS NEWS BUREAU, CHRISTI BARLI/AP

DIANA NYAD SWIMS the Florida Straits between Cuba and the Florida Keys for the third straight day Monday after being thrown off course by storms Sunday night. Nyad, who turns 63 Wednesday, is making her third attempt since last year to be the first person to swim from Cuba to Florida without a shark cage.

Rising Afghan Attacks Imperil U.S. Strategy

Washington

President Barack Obama declared Monday he is sticking to his war strategy of using U.S. troops to advise and mentor Afghan forces, even as a suddenly growing number of Americans are being gunned down by the very Afghans they are training to take on insurgents.

In just the past 10 days, Afghan forces have attacked their coalition partners seven times, killing nine Americans.

"Part of what we've got to do is to make sure that this model works but it doesn't make our guys more vulnerable," Obama said. (AP)

$3.72 **The average amount U.S. drivers paid** per gallon of gasoline on Monday — the highest price ever on August 20 in history — according to auto club AAA. A year ago, the average was $3.578. (AP)

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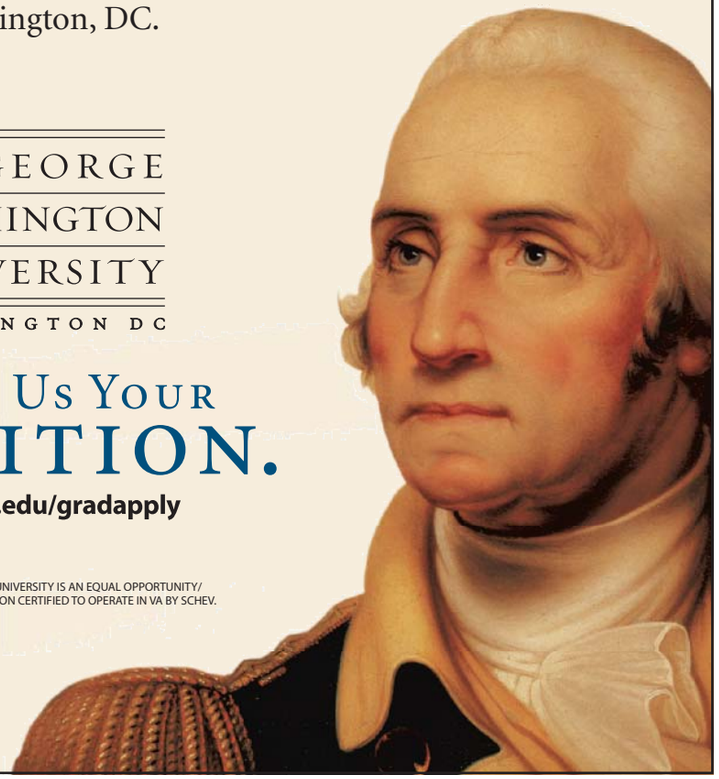

37885

Nation

With $623B Value, Apple Most Valuable Company

New York

Apple is Wall Street's all-time MVP —that's Most Valuable Property.

On Monday, Apple's surging stock propelled the company's value to $623 billion, the world's highest ever. It beat the record for market capitalization set by Microsoft Corp. in the heady days of the Internet boom, when in 1999, its peak was $620.58 billion, according to Standard & Poor's.

After a four-month dip, Apple's stock has hit new highs recently because of optimism around what is believed to be the impending launch of the iPhone 5 and possibly a smaller, cheaper iPad.

Apple Inc. has been the world's most valuable company since the end of last year. It's now worth 53 percent more than No. 2 Exxon Mobil Corp.

Apple's stock hit $664.74 in midday trading Monday before retreating slightly to $662.38. Analysts believe Apple's stock has room to grow. The average price target of 38 analysts polled by FactSet is $745.80. By coincidence, the peak price for one Apple share is now less than two dollars away from the retail price of the Apple I computer in 1976. It sold for $666.66.

Despite the surge, Apple's stock is not particularly expensive compared to its earnings for the past 12 months. The company's "price-to-earnings ratio" is 15.6, compared to 16.1 for the S&P 500 overall.

PETER SVENSSON (AP)

Meanwhile ...

Continuing to struggle to compete with mobile devices, Hewlett-Packard Co. is expected to report a quarterly loss of nearly $9 billion on Wednesday, the largest setback in the company's history. Investors are looking to HP CEO Meg Whitman and her plans to turn around the company. After nearly a year on the job, Whitman still hasn't been able to convince Wall Street she has come up with the right formula. HP's stock has fallen by about 14 percent under Whitman's leadership so far. **(AP)**

Hearsay

"Part of the reason I made that decision at that moment was there was really nobody in the vicinity who could see me."

— **REP. KEVIN YODER OF KANSAS,** APOLOGIZING SUNDAY NIGHT AFTER A PUBLISHED REPORT REVEALED HE SWAM NUDE IN THE SEA OF GALILEE DURING A PRIVATE FACT-FINDING TRIP TO THE MIDEAST LAST AUGUST. THIRTY LAWMAKERS WERE SCOLDED LAST YEAR FOR ANTICS THAT INCLUDED DRINKING AND SKINNY-DIPPING DURING THE TRIP.

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Bloodshed in Syria Surges Anew

Activists: At least 100 killed as holiday lull in fighting ends

Tel Rifat, Syria

Government forces pummeled the battered city of Aleppo with airstrikes and tanks and shelled parts of Damascus and southern Syria on Monday, killing at least 100 people during a major Muslim holiday, rights groups and activists said.

The violence escalated dramatically after a one-day lull on Sunday, the start of the three-day Eid al-Fitr holiday, which marks the end of the holy month of Ramadan. The renewed fighting showed President Bashar Assad's regime is not letting up on its drive to quell the 17-month-old uprising out of respect for the occasion.

Since the holiday began on Sunday, an air of gloom has blanketed the nation and activists said there have been no signs of jubilation.

Adding to the despair, two main activist groups — the Syrian Observatory for Human Rights and the Local Coordination Committees — said that 12 bodies shot execution style were found in the Qaboun district in the capital Damascus. Activist Omar al-Khani said the bodies were found on the side of a road with clear signs of torture on their bodies.

The discovery of bodies in similar conditions is not uncommon in Syria, particularly in the past few months as the uprising descended into a civil war with heavy sectarian undertones.

Most of the deaths Monday were a result of tank and mortar shelling as well as clashes in Damascus suburbs, where activists reported the regime used helicopter gunships. The Observatory and others said up to 31 people were killed.

Both the Observatory, which relies on a network of activists on the ground, and the LCC reported at least 100 civilian deaths across the country, a heavy toll for a single day. Activists say some 20,000 people have been killed since the revolt against Assad's rule began in March 2011. BEN HUBBARD (AP)

BEN HUBBARD/AP

Men sit Monday outside a home in Azaz, Syria, that was hit in an airstrike last week.

"We cannot have a situation in which chemical or biological weapons are falling into the hands of the wrong people."

— **PRESIDENT BARACK OBAMA,** ON MONDAY WARNING THAT THE U.S. WOULD CONSIDER MILITARY INVOLVEMENT IN SYRIA SHOULD WEAPONS OF MASS DESTRUCTION COME INTO PLAY IN THE COUNTRY'S CIVIL WAR.

In Brief

MOSCOW

Police Search for 2 More In 'Punk Protest' Band

Putin

Russian police are searching for other members of Pussy Riot, the punk band whose protest against President Vladimir Putin at a Moscow cathedral led to prison sentences for three of the activists. Five women took part in the February protest, but only three were arrested, police said. The band released its latest anti-Putin song Friday. (AP)

MOGADISHU, SOMALIA

Parliament Takes Oath, But No President Named

Somalia's chief justice on Monday swore in 215 new members of parliament, falling short of hopes that the nation would seat a full 275-member parliament that would then vote in a new president. Monday was the last day of eight years of Somalia's U.N.-backed Transitional Federal Government. (AP)

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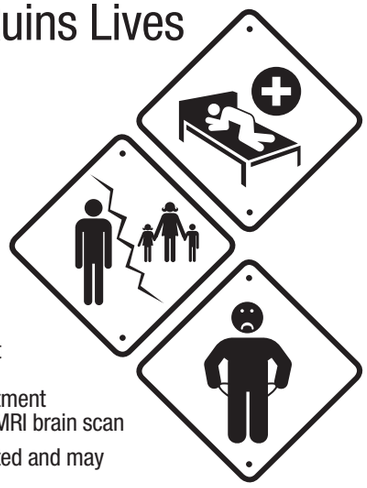

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World

Wife Sentenced in China Scandal

Death penalty likely to be commuted in murder of Briton

Heifei, China

The wife of a disgraced Chinese politician received a suspended death sentence Monday for the murder of a British man, as authorities move to tidy up a huge political scandal ahead of a once-in-a-decade leadership transition this fall.

Gu Kailai's sentencing clears the way for the ruling Communist Party to deal with her husband, Bo Xilai, who was formerly one of China's most prominent politicians before being stripped of his Politburo post in the scandal. Bo has not been directly implicated in the murder of Neil Heywood but is accused of unspecified grave violations of party discipline.

"They are eager to close the case and move on," said Dali Yang, director of the University of Chicago Center in Beijing.

Gu's sentence will almost certainly be commuted to life in prison after two years, a relatively lenient punishment resulting from her cooperation with investigators and what the court deemed her mental instability at the time of Heywood's death in November.

Family aide Zhang Xiaojun, accused of abetting the murder, was sentenced to nine years, a court official told reporters.

Gu's arrest and the ouster of her husband sparked the biggest political turbulence in China since the bloody crackdown on the Tiananmen Square protests in 1989. (AP)

Backstory

Gu Kailai, 53, is the wife of Bo Xilai, who was one of China's rising politicians. State media say Gu confessed to intentionally poisoning British businessman Neil Heywood in November. Media reports say she and Heywood had a dispute over money and Heywood allegedly threatened her son. Gu was accused of luring him to a hotel, getting him drunk and pouring cyanide into his mouth. The case led to her husband's political disgrace. (AP)

"This verdict is just. It shows special respect for the law, reality and life."

— **GU KAILAI,** SPEAKING MONDAY AFTER RECEIVING A SUSPENDED DEATH SENTENCE IN CHINA FOR THE MURDER OF A BRITISH BUSINESSMAN IN NOVEMBER

Tensions Persist at Mine in S. Africa

THEMBA HADEBE/AP

A MINER SITS OUTSIDE a platinum mine near Rustenburg, South Africa, on Monday, four days after police shot to death 34 miners who were on strike and injured dozens more. The Lonmin PLC mine extended its ultimatum to workers a day, saying strikers have until Tuesday to return to work or get fired.

Myanmar Drops Harsh Laws on Media Control

Yangon, Myanmar

Myanmar abolished direct censorship of the media Monday in the most dramatic move yet toward allowing freedom of expression in the nation. But related laws and practices that may lead to self-censorship raise doubt about how much will change.

Under the new rules, journalists will no longer have to submit their work to state censors before publication as they have for decades.

Although President Thein Sein's reformist government has significantly relaxed media controls over the past year, the harsh laws that have allowed Myanmar to control the media in the name of protecting national security remain unchanged. (AP)

City 'No Longer a Town of Ghosts'

Drug war calms in Ciudad Juarez, moves elsewhere in Mexico

Ciudad Juarez, Mexico

When this city was among the most murderous in the world, the morgue ran out of room and the corpses stacked to the ceiling in the wheezing walk-in freezers.

Medical examiners performed a dozen autopsies a day.

Still, Mexico has not made much sense of one of the most sensational killing sprees in recent history, which left 10,500 dead in Juarez as two drug and crime mafias went to war. In 2010, the peak, there were at least 3,115 aggravated homicides, with many months posting more than 300 deaths, according to the newspaper El Diario.

But the fever seems to have broken: In July, there were 48 homicides. Of these, 40 are considered by authorities to be related to the drug trade or criminal rivalries.

"It is a completely different ballgame now," said Hector Murguía, the mayor. "Our city is no longer a town of ghosts."

Officials attribute the decrease in homicides to their own efforts: army patrols, arrests by police, new schools to keep young men out of gangs and in the classroom.

9

The approximate number of murders per day in Ciudad Juarez, Mexico, in 2010, at the height of cartel violence in the city. (TWP)

1.3

The average number of homicides per day in Ciudad Juarez last month, the lowest since cartel warfare exploded in 2007. (TWP)

Yet ordinary Mexicans suspect there is a more credible reason for the decrease in extreme violence: The most-wanted drug lord in the world, Joaquin "El Chapo" Guzman, and his Sinaloa cartel have won control of the local drug trade and smuggling routes north.

Ciudad Juarez has been a key battleground in President Felipe Calderon's U.S.-backed drug war. It was here that Calderon poured 8,000 troops and police, and millions of dollars in aid, in a surge that his security experts compared to the one in Iraq.

But the criminal organizations have not disappeared.

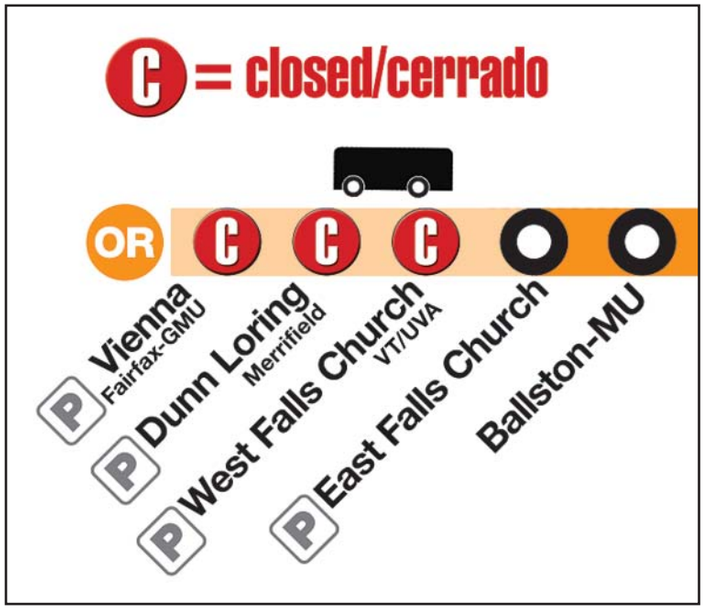
"What we have seen," said Cesar Peniche, the top federal prosecutor here, "is these groups have moved to other parts of the state." WILLIAM BOOTH (THE WASHINGTON POST)

Hearsay

"We need responsibility. There must no longer be ... the speculation about Greece's position in the euro."

— **DIMITRIS AVRAMOPOULOS,** GREEK FOREIGN MINISTER, SPEAKING MONDAY AS TALKS BEGAN OVER THE FUTURE OF HIS COUNTRY AND THE STABILITY OF THE 17 COUNTRIES THAT USE THE EURO

TRACK WORK THIS WEEKEND



From Friday, August 24 at 10 p.m. to Sunday, August 26 at closing: Buses replace trains on the Orange Line between Vienna and East Falls Church while Metro renews rail and ties, replaces insulators and performs Silver Line testing. To get last train times or information about shuttle bus service, parking, alternate routes or track work on upcoming weekends, please visit MetroForward.com or call 202-637-7000.

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Ride On Bus Crashes Into Home

Homeowner: Driver said bus brakes failed while turning corner

Silver Spring

One of Montgomery County's Ride On buses crashed into a house in Silver Spring on Monday morning, sending several passengers to the hospital with relatively minor injuries.

The bus was turning from Stateside Drive onto southbound Avenel Road shortly before 10:50 a.m. when it drove across two yards, hit a parked taxicab and crashed into the front of a house on Avenel Road, said Capt. Paul Starks, spokesman for the Montgomery County Police.

Oriola Olamide, a taxi driver who lives in the house with his wife and three children, said he had just arrived home with groceries and was parked outside in his Toyota Camry when he noticed the Ride On bus trying to turn onto his street.

"He couldn't turn, he just came straight," Olamide said.

The bus careened just past the nose of the Camry and into Olamide's living room; his two sons, Toye, 16, and Kofo, 22, were inside.

Toye Olamide said he was sleeping two rooms over from the living room when the crash woke him.

COURTESY MONTGOMERY COUNTY POLICE

A Ride On bus damaged a Silver Spring home after a crash Monday morning.

"I thought it was an earthquake," he said. "My initial reaction was to run out the front door." When he got to the living room, he saw the bus crashed through the door.

Kofo Olamide, a psychology major at Morgan State who was in the basement, said he ran upstairs to make sure his brother was OK.

"It's a mess, glass and wood everywhere," he said. He said a wall of his sister's bedroom, which is near the living room, had partially collapsed.

The rest of the family soon arrived home. Simi Olamide, 18, a Bowie State student who had been at a nursing class, said her bed sits perilously close to the damaged wall. "That's where I sleep, my head is right there," she said as she stood outside the house.

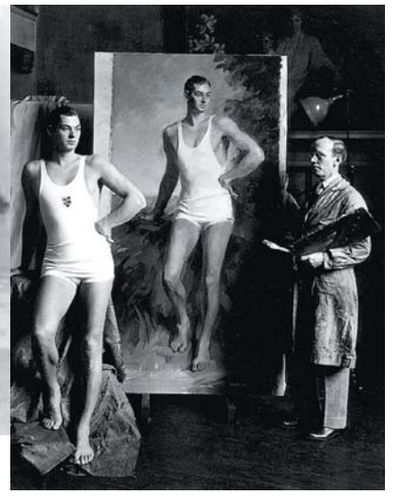
After the crash, Oriola Olamide said he jumped out of his car to see if anyone had been hurt and asked the bus driver what had happened. "He said the brakes failed," Oriola Olamide said. The crash remains under investigation, Starks said. MARK BERMAN AND MICHAEL LARIS (THE WASHINGTON POST)

Metro Update

Regarding Monday's story "Metro Plan Draws Ire," Dan Stessel, a Metro spokesman, said the transit system plans to have an audio prompt installed on the new machines that sell SmarTrip cards by some time in the fall. The prompt will help people with visual impairments. (TWP)

POP QUIZ OLYMPIANS!

WEDNESDAY, AUGUST 22



Left to right: Gertrude Ederle by Underwood & Underwood, 1925; Johnny Weissmuller by Pach Brothers Studio, c. 1924. Both images from the National Portrait Gallery, Smithsonian Institution.

The 2012 London Olympics may be over, but the excitement lives on at the National Portrait Gallery. Visit the museum for happy hour and a collection-inspired Olympics trivia night.

Trivia starts at 6:30 p.m. in the Robert and Arlene Kogod Courtyard. Snacks and beverages will be available for purchase in the Courtyard Café.

NATIONAL PORTRAIT GALLERY

Smithsonian
Donald W. Reynolds Center for American Art and Portraiture
National Portrait Gallery

Eighth and F Streets, NW
Metro: Gallery Place/Chinatown
Open 11:30 a.m.–7:00 p.m.
npg.si.edu

Local

Longer School Days Start in Md.

Pr. George's opens with 40 minutes added to its schedule

Greenbelt, Md.

Students arriving for their first day at Greenbelt Middle School entered a new school building and received a new schedule, as Prince George's County middle schools tacked on 40 minutes to the school day this year.

For parent Karen Harrison, the 8:15 a.m. start time means less rush in the morning for her. The school day previously went from 9 a.m. to 3:40 p.m.; the day now ends at 3:35 p.m.

"I get to get to work on time," said Harrison, whose daughter started the eighth-grade Monday.

The extra 40 minutes are being billed as a "enrichment and intervention period," though each school principal is free to decide how that time is used.

The change is partly an effort to save money, as some middle school students will now be able to share buses with high school students. The change could save the school system $5 million, but school officials are also touting the change as a way to get students extra help if they need it.

SARAH L. VOISIN/TWP

Counselor Wayne Davis greets students at Greenbelt Middle School on Monday.

"I know the kids don't like it, but it's a good thing," Tiffany Torain of Greenbelt said of the longer school day. "They get more time with their teachers to help with their studies. There's nothing wrong with more time in the classroom."

Theresa Merrifield, new principal this year at Nicholas Orem Middle School in Hyattsville, said iPads — which each student has as part of a program to integrate technology into the entire curriculum — will be a major part of the extra time. Students will use software, she said, to improve math, science and reading skills.

"With the iPads, we can track their progress in real time," Merrifield said, adding that the extra time used on core skills should help boost scores on standardized tests.

HOLLY NUNN (THE GAZETTE)

Panda Pregnancy Watch Begins

Washington

Mei Xiang, the National Zoo's female giant panda, has entered the final phase of her reproductive cycle — one that could mark the end of her stay in Washington, the zoo announced Monday.

Panda watchers now have 40 to 50 days to see if she produces a cub.

This could be Mei's last chance to do so here. The zoo badly wants panda cubs, and China, which owns and leases all giant pandas in U.S. zoos, has said it would consider replacing Washington's pandas if Mei fails to become pregnant this year.

It is notoriously hard to determine if a giant panda is pregnant, the zoo says, because the animal can exhibit many false signs of pregnancy. Mei has had five consecutive false pregnancies since 2007.

MATT MCCLAIN/TWP

Giant panda Mei Xiang rests at the Smithsonian National Zoological Park in 2011.

"Mei Xiang returned to a more normal estrous cycle this year," the zoo said in a statement.

She was artificially inseminated on April 29 and 30 after she and the zoo's male giant panda, Tian Tian, failed to mate on their own.

MICHAEL E. RUANE (THE WASHINGTON POST)

Md. Officer Killed, 1 Injured In Crash on I-95

Beltsville, Md.

Prince George's County police said one officer was killed and another injured in a crash on Interstate 95 that occurred while they were following possible suspects in a theft case, authorities said.

Prince George's County Police Chief Mark Magaw said the officer who died was 23 years old and had been on the force for more than two years.

He also had been in the Police Explorer's program, geared to youths who want to be officers, as a teenager, Magaw said.

A second officer involved in the crash is expected to survive, Magaw said. MATT ZAPOTOSKY (THE WASHINGTON POST)

The Lotteries

Monday, August 20

Maryland

Mid-day Pick 3 1-0-6
Evening Pick 3 (Sun.) 7-8-6
Mid-day Pick 4 9-8-3-0
Evening Pick 4 (Sun.) 3-4-3-6
Match 5 (Sun.) 3-18-23-28-35 (5)

District

Mid-day Lucky Numbers 8-7-7
Evening Lucky Numbers (Sun.) 3-9-7
Mid-day DC 4 0-9-6-3
Evening DC 4 (Sun.) 7-8-7-5
Mid-day D.C. Five 0-1-9-0-2
Evening D.C. Five (Sun.) 2-5-5-9-3

Virginia

Mid-day Pick 3 5-6-1
Evening Pick 3 (Sun.) 9-9-5
Mid-day Pick 4 9-8-6-3
Evening Pick 4 (Sun.) 9-2-3-0
Mid-day Cash 5 (Sun.) 6-10-12-14-25
Evening Cash 5 (Sun.) 3-19-23-29-33

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

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UPCOMING PERFORMANCES
TUESDAY, AUG 21 THE EASTERN SEA W/ DAY JOY
WEDNESDAY, AUG 22 SHOVELS & ROPE W/ JASON MYLES GOSS
THURSDAY, AUG 23 MICHAEL KAESHAMMER
FRIDAY, AUG 24 IVAN NEVILLE'S DUMPSTAPHUNK
SUNDAY, AUG 26 10AM & 12:30PM LIVE GOSPEL BRUNCH W/ PATRICK LUNDY & THE MINISTERS OF MUSIC $25
MONDAY, AUG 27 Y LA BAMBA W/ CHRIS PUREKA
WEDNESDAY, AUG 29 MARCUS JOHNSON
THURSDAY, AUG 30 TOM PRINCIPATO BAND
FRIDAY, AUG 31 THE 9 SONGWRITER SERIES
SATURDAY, SEPT 1 TEITUR
THURSDAY, SEPT 6 THE ANA EGGE BAND
FRIDAY, SEPT 7 LARRY KEEL AND NATURAL BRIDGE
SATURDAY, SEPT 8 THE MORRISON BROTHERS BAND W/ CARSIE BLANTON
SUNDAY, SEPT 9 10AM & 12:30PM LIVE GOSPEL BRUNCH W/ HONORABLE VOICES OF PRAISE $25
SUNDAY, SEPT 9 AZURE RAY W/ SOKO
MONDAY, SEPT 10 SOL DRIVEN TRAIN
THURSDAY, SEPT 13 CHASING KINGS AND DIRTY NAMES
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Local

In Brief

ANNAPOLIS, MD.

O'Malley to Speak at Democratic Convention

Maryland Gov. Martin O'Malley will be a speaker at the Democratic National Convention in Charlotte, N.C., next month. The Democratic National Convention Committee announced additional speakers Monday. O'Malley has a high profile in the party as the chairman of the Democratic Governors Association. (AP)

CHRIS USHER/GETTY IMAGES FILE

Gov. Martin O'Malley will address the Democratic National Convention.

WASHINGTON

Wife: Man Attacked on Capitol Hill Fights for Life

The 29-year-old man who was found beaten on the front porch of a home in Capitol Hill on Saturday has undergone two surgeries on his brain, but his wife said he was able to squeeze her hand from his hospital bed Monday morning. "I think this is an hour to hour situation," Abigail Maslin said in a telephone interview from the hospital. She said her husband, Thomas C. Maslin, is "fighting right now" to stay alive and recover. The couple celebrated their third wedding anniversary on Wednesday; they have a 21-month-old child, Jack. (AP)

WASHINGTON

Hirshhorn Museum Guard Commits Suicide at Work

A security guard at the Smithsonian's Hirshhorn Museum and Sculpture Garden has died of a self-inflicted gunshot wound, Smithsonian Institution officials said. The guard shot himself with his service revolver shortly after 3 p.m. Monday in a locker room in the basement level of the building, officials said; the public did not witness the shooting, and no one else was injured. The guard's name has not been released. The museum on the National Mall was evacuated and closed for the rest of the day. The Hirshhorn is the Smithsonian's modern art museum. (AP)

Hearsay

"We have less than $60M in our endowment, which is not sufficient for a school of this size."

— **ANGEL CABRERA,** NEW PRESIDENT OF GEORGE MASON UNIVERSITY IN FAIRFAX, SPEAKING ON FUNDRAISING GOALS FOR THE UNIVERSITY

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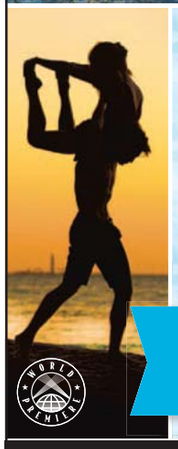

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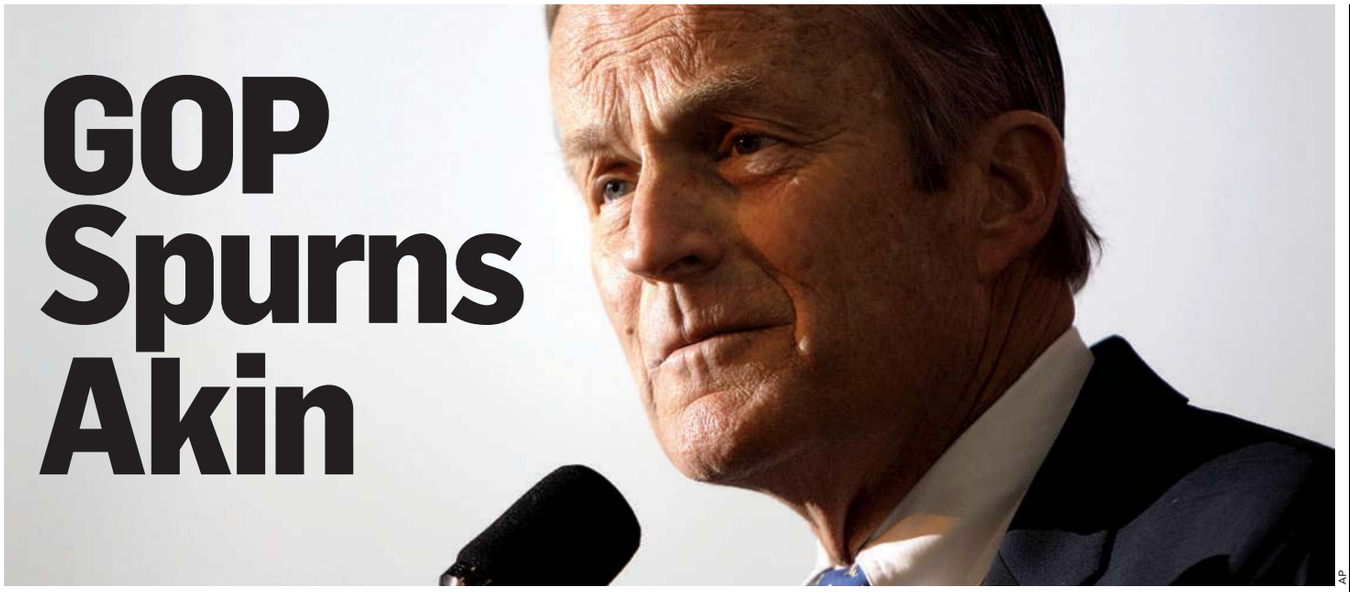
GOP Spurns Akin



AP

Senate hopeful says he won't give up as backlash rises over rape comment

Washington

Rep. Todd Akin fought to salvage his Senate campaign Monday, even as members of his own party turned against him and a key source of campaign funding was cut off in outrage over the Missouri congressman's comments that women are able to prevent pregnancies in cases of "legitimate rape."

Akin made no public appearances but went on former Republican presidential candidate Mike Huckabee's national radio show to apologize. He vowed to continue his bid for higher office.

"The good people of Missouri nominated me, and I'm not a quitter," Akin said. "To quote my old friend John Paul Jones, I have not yet begun to fight."

But Akin seemed to be losing political support by the hour as fellow Republicans urged him to abandon a race the party had long considered essential in their bid to regain control of the Senate. Incumbent Democrat Claire McCaskill is seen as vulnerable in public opinion polls because she has been a close ally of President Barack Obama.

An official with the National Republican Senatorial Campaign Committee said the group's head, Texas Sen. John Cornyn, called Akin on Monday to tell him that the committee had withdrawn $5 million in advertising planned for the Missouri race.

Publicly, Cornyn called Akin's comments "indefensible" and suggested he take 24 hours to consider "what is best for him, his family, the Republican Party and the values that he cares about and has fought for."

The furor began Sunday in an interview on KTVI-TV in St. Louis. Asked if he would support abortions for women who have been raped, Akin said: "It seems to me, first of all, from what I understand from doctors, that's really rare. If it's a legitimate rape, the female body has ways to try to shut that whole thing down."

Later Sunday, Akin released a statement saying that he "misspoke." But the fallout was swift and severe.

Democrats moved quickly to exploit the Akin controversy, aiming to widen the gender gap among voters, which could prove crucial in November.

The backlash over Akin's comments comes as Republicans gear up for their Tampa convention next week. On Monday, 112 delegates began meeting to outline the party's platform, which is likely to include abortion language. A draft being circulated among delegates endorses a constitutional amendment prohibiting abortion.

Democrats are trying to link his comments to the Republican brand more broadly, potentially damaging the GOP's chances with independents and women.

"There's a policy dimension to this issue," Ben LaBolt, press secretary for the Obama campaign, said on MSNBC.

The Democratic National Committee sent out an email titled "Stunningly Backward" to supporters asking that they stand up for women. "Now, Akin's choice of words isn't the real issue here," Rep. Debbie Wasserman Schultz of Florida wrote. "The real issue is a Republican party — led by Mitt Romney and Paul Ryan — whose policies on women and their health are dangerously wrong."

Even before Akin's comments, Obama's campaign began to ramp up efforts to highlight women's issues, releasing an ad in six swing states that highlights Romney's and Ryan's past comments on abortion and other women's health issues.

(AP/THE WASHINGTON POST)

Backlash on Both Sides

"Those of us who cherish human life because we believe that all life is a gift from the Creator, we need to be able to express our support for human life in positive and uplifting ways, and those comments absolutely do not do that."

— VA. GOV. BOB MCDONNELL

"There is no place in our public discourse for this type of offensive thinking."

— SEN. SCOTT BROWN, R-MASS., CALLING ON TODD AKIN TO WITHDRAW HIS CANDIDACY

"His statements are beyond inexcusable, and I condemn them in the strongest terms possible."

— REP. RICK BERG, R-N.D., WHO IS IN A TIGHT SENATE RACE

"Rape is rape. What I think these comments do underscore is why we shouldn't have a bunch of politicians, a majority of whom are men, making health-care decisions on behalf of women."

— PRESIDENT BARACK OBAMA

Hot-Button Issue: Women's Rights

- **Breast cancer charity Susan G. Komen for the Cure Foundation** announced in late January that it was halting funds to Planned Parenthood because the group was facing a House investigation on abortions. Komen quickly reversed the decision after fierce backlash.
- **President Obama** in February sparked an uproar by announcing a mandate that religious-affiliated organizations pay for contraceptive coverage in health-insurance plans. He later amended the rule to allow women who work for religious-affiliated institutions to obtain coverage through their insurer.
- **Conservative radio host Rush Limbaugh** caused an outcry in February when he called a Georgetown law student a "slut" and a "prostitute" after she testified in favor of birth control coverage at the Catholic school. His comments prompted some advertisers to walk away from his show.
- **Democratic operative Hilary Rosen** ignited a firestorm in April when she said on CNN that Mitt Romney's wife, Ann, had "never worked a day in her life." Ann Romney defended her decision to stay home and raise her children, while the Obama campaign distanced itself from Rosen's comments. (TWP)

55%

The amount of Americans who said abortion should be legal in all or most cases, according to a recent Washington Post-Kaiser Family foundation poll.

About 42% said it should be illegal. (TWP)

Sports

Welcome to the Club

MARK RALSTON/GETTY IMAGES

Augusta National accepts female members for first time in its history

Golf

For the first time in its 80-year history, Augusta National Golf Club has female members.

The home of the Masters, under increasing criticism the past decade because of its all-male membership, invited former Secretary of State Condoleezza Rice and South Carolina financier Darla Moore to become the first women in green jackets when the club opens for a new season in October.

Both women accepted.

"This is a joyous occasion," Augusta National chairman Billy Payne said Monday.

The move likely ends a debate that intensified in 2002 when Martha Burk of the National Council of Women's Organizations urged the club to include women among its members. Former club chairman Hootie Johnson stood his ground, even at the cost of losing Masters television sponsors for two years, when he famously said Augusta National might one day have a woman in a green jacket, "but not at the point of a bayonet."

The comment took on a life of its own, becoming either a slogan of the club's resolve not to give in to public pressure or a sign of its sexism, depending on which side of the debate was interpreting it.

Payne, who took over as chairman in 2006 when Johnson retired, said consideration for new members is deliberate and private, and that Rice and Moore were not treated differently from other new members. Even so, he took the rare step of announcing two of the latest members to join because of the historical significance.

"Oh my God. We won. It's about 10 years too late for the boys to come into the 20th century, never mind the 21st century. But it's a milestone for women in business."

— **MARTHA BURK,** OF THE NATIONAL COUNCIL OF WOMEN, WHO IN 2002 CLASHED WITH AUGUSTA OVER ITS REFUSAL TO ALLOW WOMEN INTO THE CLUB

"These accomplished women share our passion for the game of golf and both are well known and respected by our membership," Payne said in a statement. "It will be a proud moment when we present Condoleezza and Darla their green jackets when the club opens this fall. This is a significant and positive time in our club's history and, on behalf of our membership, I wanted to take this opportunity to welcome them and all of our new members into the Augusta National family."

A person with knowledge of club operations said Rice and Moore first were considered as members five years ago. That would be four years after the 2003 Masters, when Burk's protest in a grass lot down the street from the club attracted only about 30 supporters, and one year after Payne became chairman.

Tiger Woods, who knows Rice through a mutual connection to Stanford, applauded the move.

"I think the decision by the Augusta National membership is important to golf," Woods said. "The Club continues to demonstrate its commitment to impacting the game in positive ways. I would like to congratulate both new members, especially my friend Condi Rice." DOUG FERGUSON (AP)

Backstory

Augusta National, which opened in December 1932 and did not have a black member until 1990, is believed to have about 300 members. While the club until now had no female members, women were allowed to play the golf course as guests, including on the Sunday before the Masters week began in April. The issue of female membership never went away, however, and it resurfaced again this year after Virginia Rometty was appointed chief executive of IBM, one of the Masters' corporate sponsors. The previous four CEOs of Big Blue had all been Augusta National members, leading to speculation that the club would break at least one tradition — membership for the top executive of IBM or a men-only club. (AP)

Meet The New Members

Condoleezza Rice, left, was the national security adviser under former President George W. Bush and became secretary of state in his second term. The first black woman to be a Stanford provost in 1993, she now is a professor of political economy at Stanford's Graduate School of Business. Rice recently was appointed to the U.S. Golf Association's nominating committee. (AP)

Darla Moore first rose to prominence in the 1980s with Chemical Bank, where she became the highest-paid woman in the banking industry. She is vice president of Rainwater Inc., a private investment company founded by her husband, Richard Rainwater, and she was the first woman to be profiled on the cover of Fortune Magazine, In 1998, Moore made an initial $25 million contribution to her alma mater, the University of South Carolina, which renamed its business school after her. She pledged an additional $45 million to the school in 2004. And last year, she pledged $5 million to the college for a new aerospace center. She also pledged $10 million to Clemson University in her father's name. (AP)

Cousins: No Controversy Here

Backup QB excelled in Chicago but says 'this is Robert's team'

The Redskins

There is no quarterback controversy with the Redskins. That's according to the rookie quarterback whose play in the second half of Saturday night's preseason game in Chicago supposedly is stirring up that controversy.

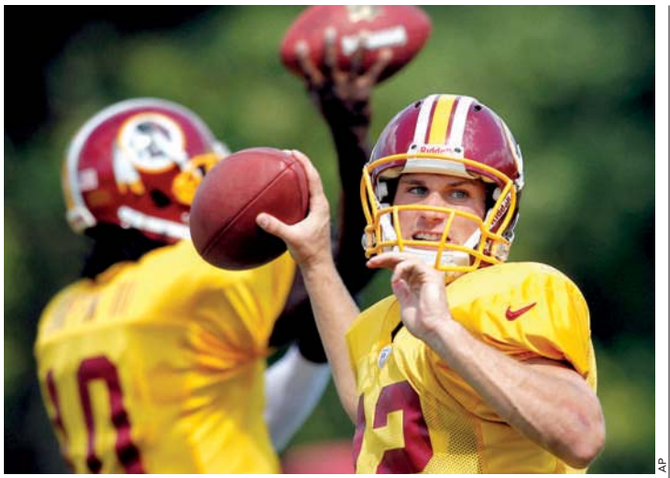
Kirk Cousins said Monday it's clear that the starting job belongs to fellow rookie Robert Griffin III. Cousins said he simply is trying to make the most of his chances to impress the team's coaches.

"This is Robert's team," Cousins said after Monday's practice. "The coaches have made that very clear."

Cousins completed 18 of 23 passes for 264 yards and three touchdowns in the second half of the Redskins' 33-31 loss to the Bears. That came with the starters for both teams out of the game. Still, Cousins' play prompted Bears analyst Jim Miller to raise the possibility that the Redskins could have a quarterback controversy brewing.

Cousins, a fourth-round draft pick, said he's not even spending too much time about whether he'll be the team's primary backup to Griffin or its third veteran Rex Grossman. "I think that whether I'm the two or the three, whatever the labels put on me, that's for the coaches to decide," Cousins said. "I think my job is, in a preseason game like Saturday night, to go out and play as well as I can."

MARK MASKE (THE WASHINGTON POST)



AP

Kirk Cousins, front, knows he will be Robert Griffin III's understudy on the team.

Meanwhile ...

Redskins linebacker Brian Orakpo and strong safety Brandon Meriweather will miss the final two preseason games with injuries. Coach Mike Shanahan said Monday that MRIs on both players revealed good news. Orakpo has damaged some scar tissue in his left shoulder, and Meriweather has a swollen and sore left knee. But neither player will require surgery. (AP)

Miami's Man: Rookie quarterback Ryan Tannehill has won the Miami Dolphins' starting job. Coach Joe Philbin announced after practice Monday that Tannehill will start the Dolphins' opener Sept. 9 at Houston. Tannehill beat out Matt Moore, who finished last year as Miami's starter. Training camp began with a three-way competition for the job, but veteran David Garrard fell out of contention when he underwent minor knee surgery Aug. 11. (AP)

Judge Tosses Armstrong Suit

Cycling

A federal judge in Austin, Texas, threw out Lance Armstrong's lawsuit against the U.S. Anti-Doping Agency on Monday, a decision that allows the agency's drug case against the seven-time Tour de France winner to move ahead. Armstrong claimed that USADA lacked jurisdiction and it violated his constitutional rights. (AP)

Hearsay

"None of us condone bullying. ... That said we just got to do a better job of being conscious of how that looks."

— **GIANTS DEFENSIVE END JUSTIN TUCK,** ON THE PUBLIC OUTRAGE AFTER THE TEAM'S PUNTER POSTED A YOUTUBE VIDEO OF CORNERBACK PRINCE AMUKAMARA BEING TOSSED INTO A METAL ICE TUG IN AN APPARENT HAZING INCIDENT

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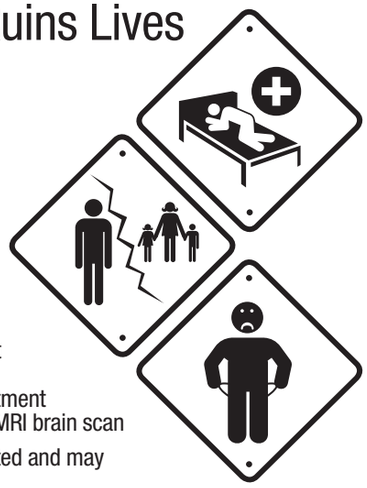

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Sports

Clemens Plans Return To the Mound at Age 50

Pro Baseball

Roger Clemens isn't done with baseball quite yet.

The 50-year-old Clemens signed with the Sugar Land (Texas) Skeeters of the independent Atlantic League on Monday, and he is expected to start for the minor league team Saturday at home against Bridgeport.

Clemens, who was acquitted in June of charges he lied to Congress when he denied using performance-enhancing drugs, hasn't played for a team since pitching for the Yankees in 2007 at the age of 45. He went 6-6 in 18 games with a 4.18 ERA that season.

Clemens had two great seasons with the Astros after he turned 40, going 18-4 with a 2.98 ERA in 2004 to win his record-tying seventh Cy Young Award. He was 13-8 with a career-low 1.87 ERA in 2005.

Clemens earned $160 million and won 354 games in a 24-year career with the Red Sox, Yankees, Blue Jays and Astros.

His 4,672 strikeouts are third-most all-time and he was named to 11 All-Star games. Now he'll see what he has left for the Skeeters. (AP)

Everton Trips Up Man U in Opener

JON SUPER/AP

MANCHESTER UNITED'S NANI, RIGHT, fights for the ball against Everton's Leighton Baines during their English Premier League soccer match Monday. Everton won 1-0 in both teams' opening game of the new season.

TV Lineup

NATIONALS (7 P.M., MASN) Stephen Strasburg duels with Paul Maholm when the Nats host the Braves in the second game of their series.

LITTLE LEAGUE (1 P.M., 4 P.M., ESPN; 8 P.M., ESPN2) Elimination games continue in the Little League World Series.

MYSTICS (8 P.M., NBATV) The Mystics tip off against the San Antonio SilverStars.

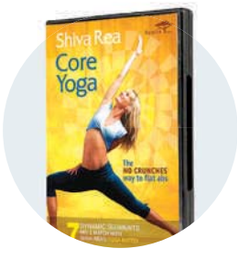
ORIOLES (8 P.M., MASN2) The O's and Texas Rangers meet again.

SOCCER (2:30 P.M., FSN) Borussia Moenchengladbach plays Dynamo Kyiv in the Champions League.

WOMEN'S BASKETBALL (10 P.M., ESPN2) The Minnesota Lynx visit the Seattle Storm in a WNBA game.

CYCLING (4 P.M., NBCSN) Stage of the U.S. pro Challenge runs from Montrose to Crested Butte, Colo.

fit



Guinea Pig | Core Curriculum

"The NO CRUNCHES way to flat abs," claims the cover of Shiva Rea's new DVD, "Core Yoga" ($17, Acacia). That's not exactly true. At certain points, as the mellow instructor guides viewers through flowing segments that work the tummy — and much more — Rea definitely winds up with her neck and shoulders off the ground. But the 90-minute program offers a mix of moves and encourages creativity, so it never feels like just another set.

See your weekly Gold's Gym Trainer Tip on the next page.

Forecast Looks Dry

Athletic brands are sweating the details so you won't end up soaking your clothes

Thomas Alva Edison never donned an Under Armour HeatGear crew. But the inventor, who said, "Genius is one percent inspiration, 99 percent perspiration," might as well have been talking about the innovations that have proven that athletes' shirts don't have to soak.

The revolution began 16 years ago, when Kevin Plank founded Under Armour because he was sick of sweaty tees. Since then, companies have flooded the market with fabrics that carry moisture away from the skin, keeping the wearer drier and comfortable. These textile advances have changed what people wear to exercise — and even just to hang out.

"When you go to dinner, you expect air conditioning. Now when you buy [athletic] clothes, you expect them to have wicking technology," says Kevin Haley, senior vice president for innovation at Baltimore-based Under Armour.

Walking around the Outdoor Retailer Show in Salt Lake City earlier this month, Doug Browning was impressed by how much sweat protection has seeped into every product people were wearing, from earbuds to shoes.

"Everyone dresses as if they're sweating," says Browning, whose wife, Donna, invented Sweaty Bands. The no-slip hair accessory is on track to sell more than 6 million units this year.

$225K

The price of a heated sweating mannequin, one of the tools Under Armour uses in its textile research.

Part of what's pushing this trend is society's embrace of physical activity. But the real driver seems to be the textile technology that's allowing companies to do things never before imaginable.

Manufacturers are now making products longer-lasting and capable of addressing what Haley calls "the laundry issue." (Wicking clothes tend to get stinky fast.) In addition, fibers have been tweaked to pull moisture across a greater surface area. "If we can make evaporation happen faster, that makes you cooler," Haley says. "You work out longer, and you'll be in better shape."

The latest technology from Under Armour is coldblack, a textile that reflects infrared and heat rays. "In the old days, if you were walking outside on a hot Washington day, you wouldn't think about wearing a black shirt," Haley says.

He hints at a fascinating future. "A lot of technology in the past 15 years has been what a fabric doesn't do: It doesn't trap heat, doesn't collect moisture," says Haley, who predicts more active activewear.

An example that will hit shelves next year: Columbia's Omni-Freeze Zero. It's a fabric that's covered in tiny blue circles that do two things when they get wet, says Woody Blackford, vice president of global innovation at Columbia.

One, their temperature drops. And, two, they suck up moisture. "[They] swell, like pumping up a tire," Blackford says. That action alone keeps you drier, but it also allows air to come into the garment, which speeds up evaporation.

"We're taking advantage of sweat," he says. "Moisture wicking is moving it from one place to another, but it's still there. In ours, we use it as an agent."

Sounds like it's 99 percent perspiration. VICKY HALLETT (EXPRESS)

"If we can make evaporation happen faster, that makes you cooler. You work out longer, and you'll be in better shape."

— **KEVIN HALEY,** SENIOR VICE PRESIDENT FOR INNOVATION AT UNDER ARMOUR

PHOTOS COURTESY SHEEX AND SWEATHAWG

Flood Of Ideas

Sheex

STARTING AT $159 FOR SET, SHEEX.COM

You wear wicking fabrics when you work out, so why not sleep on them, too? You won't be waking up drenched after a bad dream, and that can translate into a better night's rest and a better game the next day. That's the concept behind the "world's first performance bed sheets," available nationally at Bed, Bath & Beyond.

SweatHawg

$20, SWEATHAWG.COM

Oregon cyclist John Rahm couldn't keep sweat from dripping into his glasses — until last September, when he sewed an absorbent piece of felt to a do-rag and placed his creation inside his helmet. The dry ride convinced him he needed to manufacture and market this cap. Look out for a headband version soon.

Meet The Trainer

Tasha Cooper

Fitness Manager
Clarendon Gold's Gym

Tasha's creative approach to training comes from her background as a professional dancer. While working for companies such as Nickelodeon, the Dance Theatre of Harlem and the Alvin Ailey Company, she learned innovative fitness techniques to help get anyone in shape. Tasha has worked for Gold's Gym for eight years and is a graduate of Fordham University.

Certifications:
National Academy of Sports Medicine Certified Personal Trainer; Aerobics and Fitness Association of America Certified Personal Trainer. CPR & AED

To schedule an appointment with Tasha or another Gold's trainer, come to a Gold's Gym location near you or visit our website.

GOLD'S GYM®

Trainer Tip of the Week

Can you touch your toes? Stretching may be the missing staple in your workout program and can possibly hinder your progress. Lengthening the muscles assists with posture, strength and flexibility, which are crucially important to building a strong fitness foundation.

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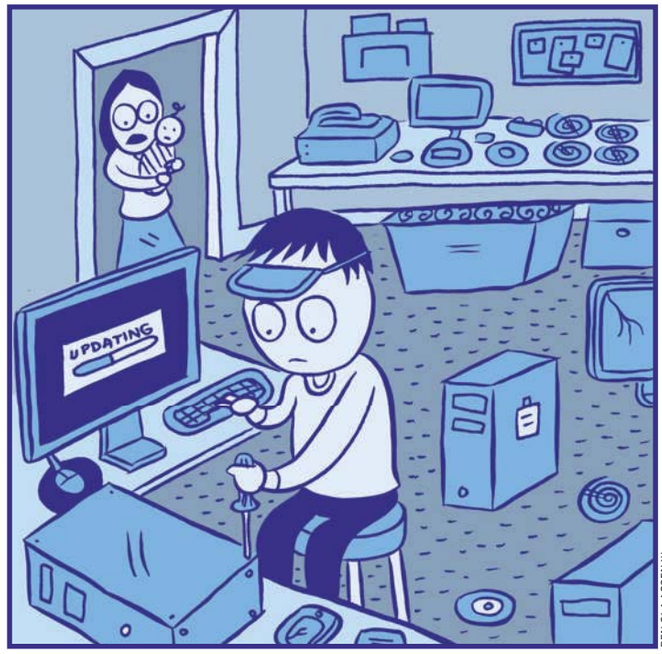

BEN CLAASSEN III

Behavior Does Not Compute

Q My husband spends all of his free time taking care of other people's computer problems. He enjoys doing it but also has trouble saying no. Since people know he is a computer geek, they don't think twice before asking him to spend time on something that can take up a whole Saturday afternoon. I am pregnant with our first child and am wondering if I am going to have to draw this boundary for him. TECHIE'S WIFE

How does he view this? If he knows he needs to say "no" more but has trouble doing it, that's much easier than if he thinks everything is peachy keen.

Discuss this with him before the baby comes, because there will be no lack of other lifestyle changes to deal with at that point. Practice by having the two of you completely block off some weekends for baby preparation, preferably with him turning people down respectfully but firmly.

One ultimate solution to help him set limits might be to set aside a finite period of time per month during which he will help people. Once those slots are full, it's "no can do" until the next month.

When Grandma Doesn't 'Sit Well

Q My mother-in-law is always begging to take care of our 7-month-old, but it seems like she never pays her much attention. The last time I picked up my daughter, she was in a soiled diaper (that my MIL pleaded ignorance about), just sitting in her swing while my MIL was vacuuming upstairs. My MIL also refuses to child-proof her house, and my daughter is on the verge of crawling. I'd rather not use her as a baby sitter at all, but my husband says she's fine and that I expect too much. ANNOYED DAUGHTER-IN-LAW

If you don't need her as a baby sitter, that takes some of the pressure off. Make sure to spend time with her as a family, and you can ease back on the drop-off-service aspect of your relationship, or simply let them have walks together or briefer outings while you're near.

But it's possible that although your MIL might not meet your standards, she's still a decent caregiver if the baby is safe (says the mom who may have let a dirty diaper or two linger). And don't view child-proofing as all-or-none. Ask if, only during your visits, you can do a few specific things such as rubber-banding the kitchen cabinets.

By Dr. Andrea Bonior

@ Send your questions to Dr. Andrea Bonior at baggage@readexpress.com. Andrea is a local clinical psychologist and author of the book "The Friendship Fix" (Friendshipfix.com).

Event Horizon

The Bike Cure

The campus of St. Elizabeths was off-limits for years, but now you're invited to take a peek — and pedal while you do it — at Saturday's Bike Carnival. The event, from 10 a.m. to 3 p.m. at 2700 Martin Luther King Jr. Ave., features a family bike parade, games, a farmers market, healthy cooking demos and the chance to win prizes, including new bikes. Get details — and the raffle entry flier — at Stelizabethseast.com.

He's the King of Quinoa

The man behind Chicago's Protein Bar brings his fast-food alternative to D.C.

Want some quinoa with that?

The South American seed isn't the typical offering at quick-service food joints, but it's all over the menu at Protein Bar, a Chicago chain that opens its first D.C. location (at 398 7th St. NW) Wednesday. Offering quinoa — along with whole-wheat flaxseed wraps, chia salad dressing and other nutrient-rich ingredients — helps the restaurant live up to its motto: "We do healthy ... healthier."

And they do quite a bit, including oatmeal bowls, egg scrambles, "bar-ritos," salads and juices. When founder Matt Matros first opened across the street from the Sears Tower in 2009, the plan was to focus on protein shakes. But when he realized he had no customers at lunchtime, he expanded the food options, which helped him expand the business.

Now, at any of the eight locations in Chicago or the outpost in D.C., there's something for customers with just about any dietary restriction. The menu clearly labels everything that's gluten-free, as well as which dishes can be made vegan. It's been a hit among folks who've gone "Paleo" and eat only ingredients that would have been available to cavemen.

TEDDY WOLFF/FOR EXPRESS

Protein Bar founder Matt Matros wanted the interior of the first D.C. store, above, to resemble a sleek hotel bar.

Of course, Protein Bar has also lured people watching their weight, which is something Matros knows all about.

"I grew up in LA heavy and heard every fat joke you can imagine," he says. The low-fat diets that were popular during his youth never worked, so it wasn't until he graduated from college and decided to try going high-protein, low-carb that he finally managed to slim down.

"I'd go to Subway and peel off the bread. Instead of a bagel in the morning, I'd have a protein bar and green tea," says the 33-year-old, who credits this diet and his exercise regimen with helping him drop 50 pounds in about six months.

He maintains his figure these days with Protein Bar meals, which boast their nutritional stats right on the menu. He boasts that the bar-ritos have half the calories of popular items at Chipotle. Vitamins aren't listed, but those numbers look good, too, especially in the salads made with the "Super 6" mix of kale, spinach, romaine, carrots, purple cabbage and broccoli.

"D.C. is an underrated healthy city," Matros says. "It's the best for running, and there are so many yoga studios." So he figures there's an opportunity to tap into the fitness community to find Protein Bar customers. Expect him to show up at D.C. gyms with a blender to give out smoothie samples — and even to sweat. He's already taken classes at Biker Barre and joined Vida Fitness.

> **"D.C. is an underrated healthy city. It's the best for running."**
>
> — **MATT MATROS,** PROTEIN BAR FOUNDER, ON WHY HE'S OPENING IN WASHINGTON

Washington's vast population of young people makes the nation's capital a no-brainer as the next market for Protein Bar, Matros says. A Ballston location will be opening in about six weeks, and he would like to see 15 to 20 branches in the D.C. area eventually.

That's a whole lot of quinoa.

VICKY HALLETT (EXPRESS)

A Peek At the Menu

Bar-ritos have between 472 and 561 calories, and at least 28 grams of protein.

All of the quinoa bowls are gluten-free, including the spinach and pesto, above, which has 371 calories.

Recipe File

CRISP BLUEBERRY SHORTCAKES

Ingredients

- **⅓ cup plus 1 tablespoon sugar**
- **¼ teaspoon cinnamon**
- **3 sheets phyllo dough, trimmed to 12-by-16 inches**
- **Cooking spray**
- **1 tablespoon cornstarch**
- **Pinch table salt**
- **⅓ cup water**
- **2 cups fresh blueberries, divided**
- **1 tablespoon fresh lemon juice**
- **½ teaspoon grated lemon zest**

Makes Six Servings

Heat the oven to 400 F.

In a small bowl, combine 1 tablespoon of the sugar with the cinnamon.

Lay 1 phyllo sheet flat on a baking sheet, keeping the remaining phyllo sheets covered with plastic wrap and a damp kitchen towel. Spray the phyllo sheet lightly with the cooking spray, then sprinkle it with 1 teaspoon of the cinnamon-sugar mixture. Layer a second sheet of phyllo over the first, coat it with cooking spray and sprinkle with another teaspoon of the cinnamon-sugar mixture. Repeat with the final sheet of phyllo.

MATTHEW MEADE/AP

Cut the stacked phyllo into 12 4-inch squares, leaving them on the baking sheet. Bake until crisp, about 8 minutes. Transfer to a rack.

Meanwhile, in a small saucepan stir together the remaining ⅓ cup sugar, the cornstarch and salt. Whisk in the water. Add ½ cup of the blueberries and cook over medium heat, stirring constantly, until the mixture comes to a full boil, the berries have popped, and the sauce has thickened. Remove from the heat and stir in the lemon juice and zest. In a medium bowl, combine the thickened sauce with the remaining blueberries.

Serve by spooning blueberry mixture between two crisps. (AP)

110 calories; 15 calories from fat (14 percent of total calories); 1.5 g fat (0 g saturated; 0 g trans fats); 0 mg cholesterol; 25 g carbohydrate; 1 g protein; 1 g fiber; 80 mg sodium.

STUDIES

That's Nutty

Want to strengthen your swimmers, men? Stock up on walnuts. Eating 75 grams of walnuts a day — roughly a handful — can improve the shape, motility and vitality of sperm, according to a report published in the journal Biology of Reproduction. MADELINE HALLER

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fit phys ed

Pumping Up The District

Neighborhoods rely on exercise amenities to attract visitors

If you walk down Crystal Drive on a Wednesday at noon, it's impossible to miss the folks shimmying and bouncing. The free outdoor Zumba classes, now in their fourth summer, are part of the Crystal City business improvement district's plan to distinguish itself.

"We're the neighborhood that cares about health," says president and CEO Angela Fox.

"It's a great way to try something," says Diana Carew, 29, who danced on a recent day off. Even for people sitting nearby eating lunch, it's a reason to smile.

"It motivates me to do something, and it puts everyone in a better mood," says Michael Burgess, 40.

That kind of energy is contagious, Fox says, which explains why other neighborhoods have begun showcasing their exercise assets.

Park It Here

"We always envisioned this as an activity-centric neighborhood," says Michael Stevens, executive director of the Capitol Riverfront BID. Since the Yards Park opened in 2010, giving the public access to this slice of the city for the first time in a century, it's been attracting crowds.

In addition to hosting yoga and boot camp classes, the park welcomes fountain frolickers and runners taking advantage of the Anacostia Riverwalk Trail. It's also become the go-to place for quirky fitness events, such as this weekend's Adult Playdate (details at Thecityvault.com).

Expect even more exercise this fall, when Canal Park opens just a few blocks away with one of the largest ice-skating rinks in the city.

Hot Wheels

NoMa needed an identity beyond being north of Mass Avenue. Its embrace of bikes has given it one.

Not only do its buildings have the best bike amenities around — Archstone's First and M complex boasts a maintenance facility — but it's also on the Metropolitan Branch Trail, making riding a cinch.

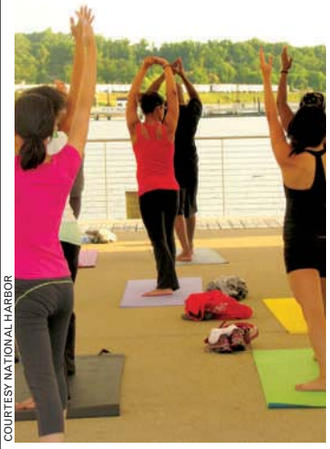
"It makes the neighborhood seem younger and hipper," says Robin-Eve Jasper, president of the NoMa BID, which has made biking even easier by putting trail ambassadors on bikes and installing five free tire pumps. Also on the horizon: a free tool station for quick repairs.

Class Action

Several neighborhoods are proving they have class. This summer, that includes National Harbor, which introduced free outdoor yoga Tuesdays and Thursdays at 7 p.m.

"Sunset at National Harbor is so magical and we wanted to emphasize that," marketing director Rocell Viniard says. All of the 100 attendees at each class are getting a better view of the neighborhood while getting into better shape.

VICKY HALLETT (EXPRESS)



COURTESY NATIONAL HARBOR

Sunset yoga at National Harbor helps students see the beauty of the area.

lookout

Happy Anniversary?
One year later, Kim Kardashian is still technically married 35

Sound Bets

KEVIN WINTER/GETTY IMAGES

Discovery Channels

Last week, the Nielsen rating service released survey results that showed radio is still the primary vehicle for music discovery, although teens mostly listen to their favorite jams on YouTube.

Radio as a driving force for discovery in the digital age? That feels like an odd revelation — at least until you actually spend time out in the real world. My musical universe exists mostly in my home, where the song choices are all mine. But when I exit my cocoon and go to, say, the neighborhood pool, the radio rules. None of the teen lifeguards is plugging in an iPod and DJing my cannonballs, but the radio is always buzzing when I make big splashes.

By Christopher Porter

The tune I discovered and heard most that way this summer was Carly Rae Jepsen's "Call Me Maybe," an irresistible stick of bubblegum pop that I believe has been scientifically proven to be on the airwaves every 10 minutes. Rather than get sick of the song soundtracking all of my sweet swan dives, I often found myself wanting to hear it at home.

But I didn't turn to Spotify or iTunes: Oldsters can flip on the YouTube, too.

@ Read Christopher's previous columns at: **expressnightout.com/soundbets**

Fifty Shades Of Green

As the erotic trilogy surges in popularity, so do product tie-ins

Books

You've bought rope for that special someone, picked up a few sex toys and read those "Fifty Shades of Grey" books a time or three. You know who you are.

Well, no need to skulk about at naughty shops as Fifty Shades of Consumption make it further into the mainstream.

Stuart Weitzman and Marc New York have Grey-struck campaigns in the fat September issues of fashion magazines, the former touting black stilettos and high, Anastasia Steele-worthy boots called "50/50," named not only for the blockbuster bondage books but equal parts leather and stretch.

EMI Music is putting out "Fifty Shades of Grey: The Classical Album" next month in partnership with E L James herself, ahead of the British writer's first visit to the Pacific Northwest locales where her hunky gazillionaire Christian Grey and his new-to-kink love interest dwell.

James has also revealed licensing agreements for a range of products in North America. Coming soon: official Fifty stockings and garters and printed tights. Undies and jammies and robes. T-shirts and knit tops and hoodies.

Add those to a slew of parody books, many self-published; beauty giant Bobbi Brown's new set of "Come-Hither Shades" for eyes in, yes, grays; and marketing references and tie-ins for everything from iPad covers to bathroom fixtures.

Grey-sessed consumers have kept the books atop best-seller lists for more than 25 weeks, shot preorders for the EMI album to the top of classical picks on iTunes and Amazon — and breathlessly lobbied online for their choices to play Christian and Ana in the movie.

Fifty has also been very, very good to Dana B. Myers, co-owner of the website Bootyparlor.com and wholesaler to about 400 sex shops around the country.

Her sales have increased about 30 percent, she says. Among the biggest Fifty-driven sellers: the Good Girl, Bad Girl package sporting a blindfold, feather spanker, feather whipper and wrist cuffs, all in "animal-friendly" leatherette.

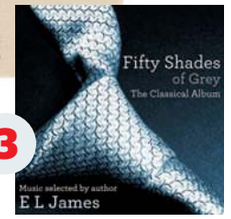
"I think what this phenomenon has done is to really legitimize the fact that sex is good, fantasies are healthy," she says. "This is not your mother's romance."

LEANNE ITALIE (AP)

"I think what this phenomenon has done is to really legitimize the fact that sex is good, fantasies are healthy."

— DANA B. MYERS, WHO CO-OWNS THE WEBSITE BOOTYPARLOR.COM AND WORKS AS A WHOLESALER TO ABOUT 400 SEX SHOPS AROUND THE NATION

Stuart Weitzman's knee-high 50/50 boots are part of a line inspired by "Fifty Shades of Grey."



1. Various sex toys from the shop Babeland.
2. Spank Me Baby powder.
3. "Fifty Shades of Grey: The Classical Album."

Backstory

"Fifty Shades of Grey" is inspiring a number of product tie-ins. Author E L James has a deal to release official stockings and underwear, while condom maker Trojan has seen a 14 percent increase in vibrator sales since the books hit it big.

(EXPRESS/AP)

Queen of Comedy

Legendary stand-up comedian and actress Phyllis Diller, 95, dies

Obituary

Phyllis Diller, the cackling comedian with electric-shock hair who built an influential career in film and nightclubs with stand-up routines that mocked irascible husbands, domestic drudgery and her extensive plastic surgery, died Monday in Los Angeles. She was 95.

"She died peacefully in her sleep and with a smile on her face," said her manager, Milton Suchin.

Although there has been a long history of comic actresses, Diller was among the first to tackle the male preserve of stand-up comedy. She used her first husband for comedic fodder by disguising him as a character named "Fang." Her jokes — roasts of Fang's drinking habits, sexual shortcomings and professional failures — reversed traditional household roles ("his finest hour lasted a minute and a half").

Pacing the stage, she spoke grumpily about her unhappy sex life (like bouncing on a trampoline, she said), her lackluster kitchen skills, and her struggle to keep up with totems of sexual and domestic bliss (Marilyn Monroe and Donna Reed, respectively).

AP FILE PHOTO

"We lost a comedy legend today. Phyllis Diller was the queen of one-liners. She was a pioneer."

— ELLEN DEGENERES, VIA TWITTER.

"Would you believe that I once entered a beauty contest?" she said. "I must have been out of my mind. I not only came in last, I got 361 get-well cards."

Diller's comedic cadence — a series of staccato one-liners — was strategically crafted. Following in the groove of her mentor, Bob Hope, she rhythmically fired off punch lines on top of one another so the jokes built a momentum.

Diller's stage appearance was ghastly, outlandish and highly calculated. Operating under the belief that attractive women could not be taken seriously in comedy, she wore shapeless, short dresses, allowing her to poke fun at her flat chest and her toothpick "bird legs."

The uglier the funnier, she said.

"Comedy is aggressive," Diller once said. "That's why men used to hate women comics. That's why there weren't any. ... Women are not supposed to be bright, and there's no such thing as a dumb comic."

MEGAN BUERGER (THE WASHINGTON POST)

Thrill-Seeking Director Dies

Tony Scott's death is being investigated as an apparent suicide

Obituary

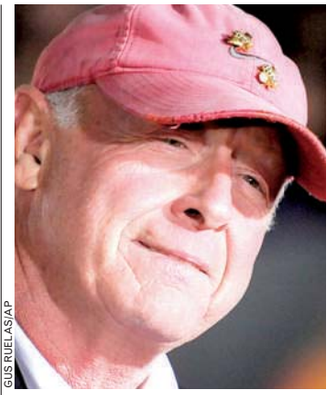
Tony Scott loved fast cars, riding fast motorcycles and creating some of the most memorable action sequences of the past quarter century. He was even planning a sequel to his hit "Top Gun."

Yet, on Sunday, police were removing the British-born director's body from Los Angeles Harbor hours after they say he stopped his car on the towering Vincent Thomas Bridge and jumped.

His death at age 68 stunned friends and fans and left Hollywood buzzing about what could have prompted one of the industry's more successful filmmakers to take an 18-story leap to his death. A source close to Scott told ABC News that the director had inoperable brain cancer.

Notes to loved ones were found in his car and another location. The death was being treated as a probable suicide.

Scott, an avid rock climber, directed more than 15 movies, which included such unforgettable sequences as the dog fights of "Top Gun" and the raw power of a runaway train in "Unstoppable."



GUS RUELAS/AP

Tony Scott directed the films "Top Gun," "True Romance" and "Crimson Tide."

As a director and producer, Scott worked with Hollywood's top actors, including Tom Cruise, Denzel Washington, Will Smith and Robert Redford, and helped influence a generation of action buffs. His brother is Academy Award-winning filmmaker Ridley Scott.

Scott often said he got his greatest thrills from filmmaking.

"The biggest edge I live on is directing," he said in a 1995 interview. "That's the most scary, dangerous thing you can do in your life." ANTHONY MCCARTNEY (AP)

Top Stops

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1 Bases Loaded

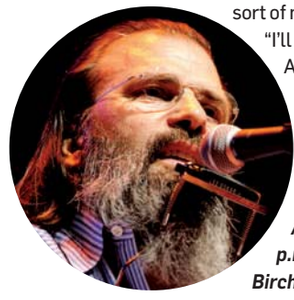
"Moneyball," Aaron Sorkin's adaptation of Michael Lewis' book, tells the true story of a baseball team's experiment with recruiting players using sabermetrics rather than instinct and magic, or whatever they used to make decisions before. Rockville's Wednesday night outdoor movie series finishes up tomorrow with a screening of the film. ***Rockville Town Square, Maryland Ave. and E. Middle Lane, Rockville; Wed., 8:45 p.m., free; Rockvilletownsquare.com. (Rockville)***

2 Virginia is for Bargain Lovers

Alexandria's Summer Restaurant Week has a romantic twist to distinguish itself from the endless parade of local restaurant weeks: While most restaurants will serve up a $35 three-course dinner, a few have opted to offer a $35 dinner for two. For example, Virtue Feed and Grain will serve up a whole fish to you and a friend. Plan your dinner schedule and check out the available menus on the website. ***Various locations; through Aug. 26, $35; Visitalexandriava.com.***

3 Wander Around and Around

Steve Earle seems to perpetually live life on the road, which, when you're a folk musician, sort of make sense. His latest album, "I'll Never Get Out of This World Alive," even has a song called "I Am a Wanderer." Tonight, he wanders back to Virginia with his backing band, The Dukes (and Duchesses). ***Birchmere, 3701 Mt. Vernon Ave., Alexandria; Tues., 7:30 p.m., sold out; 703-549-7500, Birchmere.com.***



TV tonight lookout

The Magic of Makeup

On 'Face Off,' artists showcase Hollywood special effects work

Reality

SYFY 9:00

"Face Off" has emerged as Syfy's most popular unscripted series. It's basically "Project Runway" for aspiring makeup and special effects talents. Every week, they are challenged by a panel of judges, including acclaimed makeup artists Ve Neill ("The Hunger Games") and Glenn Hetrick ("Buffy the Vampire Slayer").

This week's task is to create the look for an entirely new creature inspired by the famous cantina scene in the original 1977 "Star Wars" movie. Two of the younger participants have the temerity to admit that they've never seen the movie. Their admission strikes some as near heresy.

NICOLE WILDER/SYFY

On the season premiere of "Face Off," contestants including Rob, left, must create a new character inspired by the famous cantina scene from the original "Star Wars."

The folks at work here have a remarkable amount of talent, so the focus is often on teamwork issues and personal squabbles.

If I have a quibble with this show, it's that everyone from the judges to the participants shares a similar aesthetic, as if their cultural references have been limited to horror movies and comic books. With their abilities and the technology at their disposal, there's a certain underlying sameness to their vision (Comic-Con meets Halloween).

Hetrick works on "Mad Men," which shows that not every special effects assignment calls for goth, gore, zombie or alien. Let's hope "Face Off" moves in that direction.

KEVIN MCDONOUGH (UNIVERSAL UCLICK)

Best Bets

CW 9:00

The L.A. Complex An encounter with someone from Jennifer's (Krista Allen, left) past is an unpleasant experience for Connor. Nick tries to even the score with Sabrina, who's up to her old tricks. Kaldrick is at a crossroads. Abby comes to realize she may be in over her head.

USA 9:00

White Collar Mozzie purchases a storage unit that he thinks has clues to a treasure that were left by the remnants of an old spy ring. Neal and Peter join him in searching for the alleged treasure.

USA 10:00

Covert Affairs The prime minister of Yemen is in the U.S. for emergency heart surgery, and Annie (Piper Perabo, right) has a challenging mission ahead: converting his chief of staff into a CIA asset with only three hours to spare.

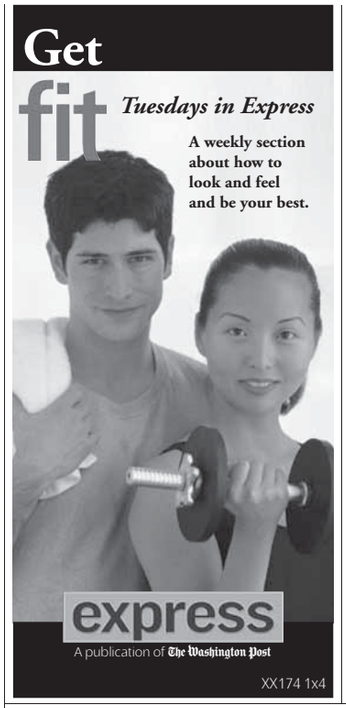
LIFE 10:00

The Week the Women Went In the women's camp, one mom is having trouble dealing with the separation from her family and considers going home. (TRIBUNE MEDIA)

Awards

Doing Good Pays

The "Do Something Awards" (9 p.m., VH1) honor young people involved in social causes. This year's hosts are the "New Girl" guys: Jake M. Johnson; Max Greenfield, above; and Lamorne Morris. The five nominees (all under 25) have worked on projects that include teaching the young in Honduras, helping Sudanese refugees in Ethiopia and raising awareness of the global water crisis. The winner will receive $100,000. (UU)



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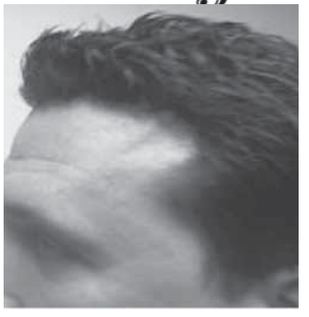

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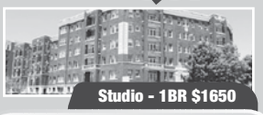

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lookout online

"[Mark] Ruffalo's exchange with a seen-it-all-and-then-some Harry Dean Stanton explores a fundamental question that persists throughout comic book lore: Which is the true identity — the superhero or the human alter-ego?"

— **ANTHONY BREZNICAN AT INSIDEMOVIES.EW.COM** reacts to the release of a deleted scene from "The Avengers" ahead of the film's DVD release on Sept. 25; he says it is an interesting look into the Incredible Hulk's character.

"Dude, if you're going to tweet celebrities you have to make sure it's just as boring as your tweets to your friends."

— **@ERNESTWILKINS** has some advice for how to interact with famous people on the social networking site.

"Scroll through YouTube's most viewed videos of the past week and you'll find few surprises. ... While it's doubtful those reading this are capable of translating the lyrics (or have any prior knowledge of PSY), it's easy to sink your teeth into this from the get-go. ... If you don't at least crack a smile while watching, you're doing it wrong."

— **AJ AT SMOKINGSECTION.UPROXX.COM** says that the Korean rapper's video for "Gangham Style," which has more than 40 million views on YouTube, is a legit hit.

"There's little more sublime than sitting outside and enjoying a good drink and meal on a beautiful evening. Thankfully, there are more and more places to do so this year."

— **MARTIN AUSTERMUHLE AT DCIST.COM** points out that the Downtown D.C. Business Improvement District reported earlier this month that there was a 70 percent increase in 2012 for available outdoor eating seats from the previous year.

"Skip Bayless says dumb things. This thing is one of them."

— **SARAH KOGOD AT WASHINGTONPOST.COM'S D.C. SPORTS BLOG** remarks about what Bayless, a panelist on ESPN's "First Take," said Monday morning: "The majority of Redskins fans are white and it's just human nature if you're white to root for the white guy [Kirk Cousins]. It just happens in sports. Just like the black community will root for the black quarterback [Robert Griffin III].

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puzzles lookout

Horoscope

LEO (July 23-Aug. 22) You'll want to look at things more closely. Putting everything into perspective may take more brainpower than expected.

VIRGO (Aug. 23-Sept. 22) You know what you want, and you'll know how to get it when the time comes, but keep your eyes on the prize today.

LIBRA (Sept. 23-Oct. 22) Once you start, you'll find it easier than expected to keep the momentum up. A body in motion tends to stay in motion.

SCORPIO (Oct. 23-Nov. 21) A partnership may be forged, and both parties will be surprised at how easy it is to fall into a productive rhythm.

SAGITTARIUS (Nov. 22-Dec. 21) You're concerned with safety and security, both personal and professional. Be sure that your money is being spent wisely.

CAPRICORN (Dec. 22-Jan. 19) You can accomplish something that means a great deal to you, if not others. In time, however, it will be widely acknowledged.

AQUARIUS (Jan. 20-Feb. 18) You'll receive information that doesn't mean much at first but is likely to matter a great deal before the day is out.

PISCES (Feb. 19-March 20) You may be disappointed to learn someone else hasn't done his or her part to secure something valuable for you.

ARIES (March 21-April 19) You'll come to a better understanding of circumstances that are changing all around you. Someone else seems to be calling the shots.

TAURUS (April 20-May 20) You will find yourself welcoming someone into your home who, only recently, was a loose cannon threatening you.

GEMINI (May 21-June 20) You'll be asked to chime in about a problem that is developing in the personnel department, but your ideas may be rather unorthodox.

CANCER (June 21-July 22) You'll get what is needed today, but only just in time. You may have little time to prepare before you are in the spotlight.

PostPoints DAILY CODE ER

Scrabble Grams

PAR SCORE 140-150, BEST SCORE 201

								RACK 1
E1	E1	E1	D2	L1	C3	S1		
								RACK 2
E1	O1	O1	U1	N1	S1	L1		
								RACK 3
A1	A1	E1	E1	R1	D2	W4	Double Word Score	
								RACK 4
A1	A1	E1	L1	T1	C3	P3	2nd Letter Triple	

Yesterday's Solution

C3	H4	A1	T1	E1	A1	U1	RACK 1 =	66
C3	U1	C3	K5	O1	O1		RACK 2 =	14
G2	R1	A1	N1	D2	A1	D2	RACK 3 =	60
R1	A1	N1	S1	A1	C3	K5	RACK 4 =	89
PAR SCORE 150-160							TOTAL	229

FOUR RACK TOTAL _____

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. Seven-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

		1	4	5	2	7	9	
	7		3	6	8			
8	4	5						
	6	2	5					3
	1		6		9		8	
5					3	4	7	
						3	4	9
			2	9	4		6	
	8	4	7	3	6	5		

Yesterday's Solution

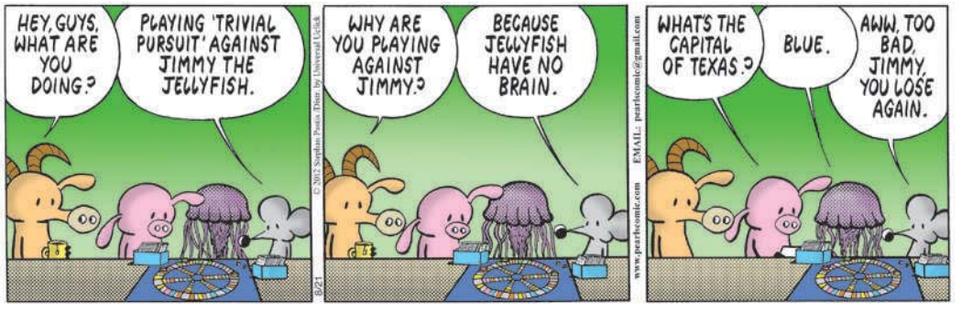
8	1	5	2	9	4	7	6	3
9	3	7	8	6	1	5	2	4
6	2	4	3	5	7	8	9	1
7	6	1	9	4	3	2	8	5
2	4	3	5	7	8	9	1	6
5	8	9	1	2	6	3	4	7
1	7	8	4	3	2	6	5	9
4	9	6	7	8	5	1	3	2
3	5	2	6	1	9	4	7	8

Need more Sudoku? Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

Comics

POOCH CAFE | PAUL GILLIGAN

PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

84 | 67

Today: A thunderstorm in spots today and tonight.

85 | 67

Tomorrow: A shower or thunderstorm tomorrow. A thunderstorm tomorrow evening.

Looking Ahead

THU	FRI	SAT
86 | 68	88 | 67	86 | 68

Sun and Moon
Sunrise today: 6:27 a.m.
Sunset today: 7:54 p.m.
Moonrise today: 10:52 a.m.
Moonset today: 9:56 p.m.

Almanac
Normal high: 86
Record high: 101
Normal low: 70
Record low: 50

FORECAST BY ACCUWEATHER.COM ©2012

DO YOU DRINK

✔ *Drink daily or almost daily ?*

✔ *Are between the ages of 21 and 60?*

We are seeking men and women between the ages of 21 and 60 to study whether a medication for smoking cessation (CHANTIX™) may affect drinking (NIH Study #08-AA-0137). Volunteers should be healthy and drug-free. There are no charges for study related tests and evaluations. Qualified subjects will be reimbursed for their participation. The study lasts nine weeks and requires five outpatient and one overnight visits at the National Institutes of Health Clinical Center in Bethesda MD.

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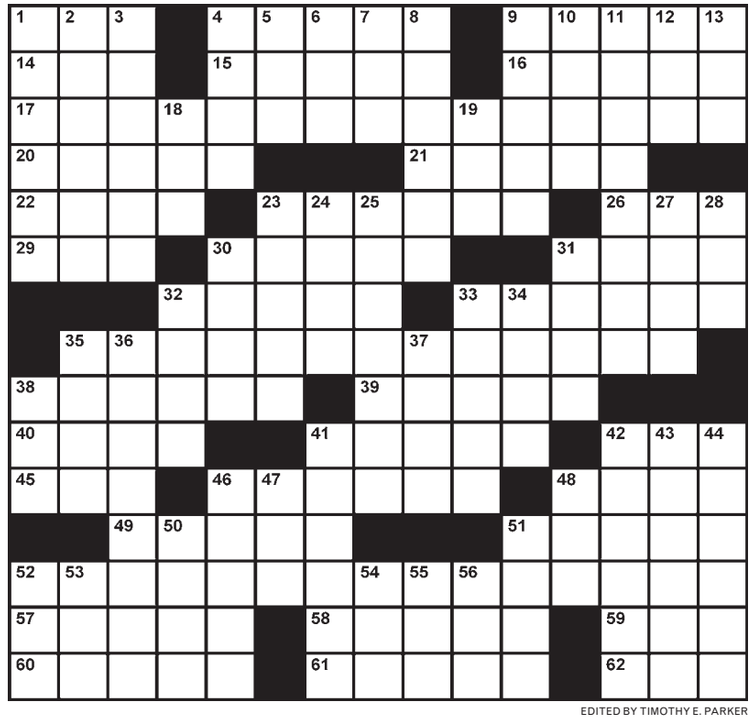
Crossword

THAT'S SO TYPICAL



EDITED BY TIMOTHY E. PARKER

ACROSS

1 Big ATM manufacturer
4 Shrubs with intoxicating leaves
9 Non-PC catchword creators
14 Unrefined lode
15 Soft palate feature
16 Pull the plug on
17 Part of a successful health and diet plan
20 ___-case scenario
21 Vegetable to cry over?
22 Sheltered, on a ship
23 Realized, as profit
26 NYC opera house
29 "Are we having fun ___?"
30 Represents in drawing
31 One for the books?
32 Infant's illness
33 Prayer
35 1995 Kevin Spacey movie (with "The")
38 Visitors from Mars
39 Lose a staring contest
40 Moves aimlessly (with "about")
41 One of the Allmans
42 Fill 'er up filler
45 ___-man band
46 "Valse ___" (Sibelius work)
48 Central points
49 Prompting the anchorperson, e.g.
51 Prom, for one
52 Party leaders
57 Like freakish coincidences
58 Hearing-related
59 Nine-to-five drudgery
60 Certain bridge positions
61 Substantial, as a role
62 Sargasso or Coral

DOWN

1 Lillehammer's country
2 Louisiana language
3 Contrite feeling
4 Branch Davidians, e.g.
5 Eggs, in biology
6 Hardly a show dog
7 Pub standard
8 Ivanhoe's kinsmen
9 Strong and pungent, as an odor
10 Art ___ (retro style)
11 It's in front of a mizzen
12 Double-curved letter
13 Word in wedding notices, often
18 Put to work
19 Peoria-to-Cleveland dir.
23 Underwater breathing organs
24 French friends
25 Medieval evil spirit
27 They may need massaging
28 Bart Simpson's perpetual age
30 Bank transaction
31 Choose
32 Pool gear
33 Sound off
34 Kevin's "Tin Cup" co-star
35 ___ Bator
36 Motorcycle add-ons
37 Strip under the mattress
38 In days past
41 Two-letter sequence
42 They have no chance
43 Grow, as interest
44 Nap, in Mexico
46 They come and go at the beach
47 Biochem focus
48 Lead-in to "fetched" or "sighted"
50 Military division
51 Tyne with a Tony and Emmys
52 Visualize
53 Long Island Iced ___
54 "With all ___ respect ..."
55 Undergarment with an underwire
56 Consume

Yesterday's Solution

Today in History

1831 Nat Turner leads a violent slave rebellion in Virginia resulting in the deaths of at least 55 people.

1959 President Dwight D. Eisenhower signs an executive order making Hawaii the 50th state.

1991 A coup against Soviet President Mikail Gorbachev collapses in the face of a popular uprising by Russian federation president Boris Yeltsin.

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people lookout

REAL ESTATE

4.5 Bath, 5 BR, HWD Flrs, Snooki-JWoww Adjacency

A small town in Manchester, N.J., is the new home of Nicole "Snooki" Polizzi, Jenni "JWoww" Farley and their reality show "Snooki & JWoww." Crews have begun setting up equipment, and TMZ.com reported that townspeople had no idea what was about to hit them. By the time they complained to the Manchester mayor, he'd already signed off. (EXPRESS)

DISAPPOINTMENT

Communal Flogging of Kristen Stewart Canceled

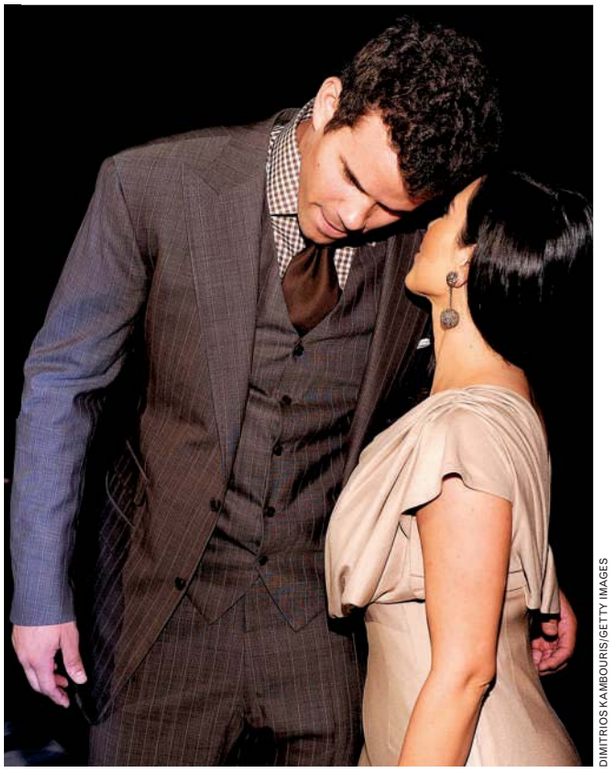
Kristen Stewart and Robert Pattinson will not appear at the four "Twilight" conventions leading up to the release of "The Twilight Saga: Breaking Dawn — Part 2," Zap2it.com reported. Taylor Lautner also will not attend the events, organized by Creation Entertainment. Booboo Stewart, Charlie Bewley and other franchise actors will attend in some cities. (EXPRESS)

MAX NASH/AFP/GETTY IAMGES

If Rob were actually Edward Cullen, he would have smelled another man on her.

'I Got Out Alive!' 'Me Too!' 'Hold Me'

Denise Richards, ex-wife of Charlie Sheen, and Charlie Sheen threw a birthday party for Brooke Mueller, another ex-wife of Charlie Sheen, on Sunday. "Brooke and Denise have spent some time together lately and there is a budding camaraderie there," an unnamed source told E! News. The pool party at Richards' home celebrated Mueller's 35th birthday. (EXPRESS)



DIMITRIOS KAMBOURIS/GETTY IMAGES

"Pssst, I'm leaving you. I just gave TMZ.com the news, so it's official."

CONFUSING

Hindsight Is Really Blurry

Kim Kardashian and Kris Humphries did NOT celebrate their first wedding anniversary on Monday. (They are still technically married!) In this past year, Radaronline.com recounts, came allegations that Kardashian defrauded Humphries by marrying him to increase her show's ratings and that Humphries is dragging out the dramatic divorce to remain in the public eye. (EXPRESS)

CONFESSIONS

Rihanna Still Loves Chris, Oprah's Ratings Love That

Rihanna said in the Sunday episode of "Oprah's Next Chapter" that she has never stopped loving Chris Brown, who was arrested for assaulting her in 2009. When they see each other at events, "It's awkward because I still love him. My stomach drops and I have to maintain this poker face." Rihanna, 24, added: "I think he was the love of my life." (EXPRESS)

"I could not stand being the inflatable sex doll everyone wanted me to be."

—UMA THURMAN TELLS THE SUN SHE WAS NAIVE WHEN SHE MADE "DANGEROUS LIAISONS" AT 18. "IT FELT PARALYZING TO BE THRUST IN TO THIS OVERTLY SEXUAL IMAGE."

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- ☐ **ANNOUNCER** – Read the teams' starting lineups *(must provide a demo tape or CD).*
- ☐ **LINEUP DELIVERY** – Walk out with a Nationals coach and deliver the lineup to the umpires.
- ☐ **GROUNDS CREW** – Get the field ready for Major League action. *(Note: Pregame only. You must be 10 years or older to apply for this position.)*
- ☐ **FIRST PITCH** – Throw the Ceremonial First Pitch of the game.
- ☐ **JR. IN-GAME RADIO HOST** – Join Charlie and Dave in the press box and report on the game.
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